

# Tennessee

# HARVEST OF THE MONTH

## ACTIVITIES



**Harvest of the Month** is an initiative from the Tennessee Department of Education to highlight specific agriculture products within Tennessee during each month of the year, promoting awareness, education, and local procurement of food grown from the earth. This list is intended to help supplement activities for students that coincide with learning more about Harvest of the Month. To assist in promoting local awareness of Harvest of the Month, [visit information regarding our monthly posters available for print.](#)

JANUARY



**ELEMENTARY AGE**  
[Herbs in the Classroom](#)

**SECONDARY AGE**  
[Herbs and Spices of the World](#)

**COMMUNITY**  
[Purchase Herbs from a Locally Sourced Grocery Store](#)

*Snack*  
[Mint Tea](#)



FEBRUARY



**ELEMENTARY AGE**  
[Too Many Carrots Book + Activities](#)

**SECONDARY AGE**  
[Try It! How Frieda Caplan Changed the Way We Eat](#)

**COMMUNITY**  
[Taste Test Locally Grown Carrots](#)

*Snack*  
[Carrot Fries](#)



MARCH



**ELEMENTARY AGE**  
[Grow Lettuce from Scraps](#)

**SECONDARY AGE**  
[Hydroponics Made Easy](#)

**COMMUNITY**  
[Tour a Local Farm with Your Classmates](#)

*Snack*  
[Lettuce Cups](#)



APRIL



**ELEMENTARY AGE**  
[A Garden Plot: The Tale of Peter Rabbit](#)

**SECONDARY AGE**  
[Vertical Gardening](#)

**COMMUNITY**  
[Celebrate National Garden Month and Begin Your Spring Garden](#)

*Snack*  
[Broccoli Tots](#)



MAY



**ELEMENTARY AGE**

[I Love Strawberries! Book](#)

**SECONDARY AGE**

[Strawberry Breeding and Genetics](#)

**COMMUNITY**

[Check out a Nearby Strawberry Festival](#)

*Snack*

[Strawberry Lemon Popsicle](#)



JUNE



**ELEMENTARY AGE**

[Discovery Dairy Elementary Lessons](#)

**SECONDARY AGE**

[Turn Milk into Plastic](#)

**COMMUNITY**

[Visit a Local Creamery](#)

*Snack*

[Frozen Yogurt Popsicle](#)



JULY



**ELEMENTARY AGE**

[Blueberries for Sal](#)

**SECONDARY AGE**

[Make Blueberry Jam](#)

**COMMUNITY**

[Pick Your Own Blueberries](#)

*Snack*

[Blueberry Granola Cups](#)



AUGUST



**ELEMENTARY AGE**

[Tomato Exploration](#)

**SECONDARY AGE**

[Make Fresh Salsa](#)

**COMMUNITY**

[Attend a Fair in Your Area and View the Tomato Contest Entries](#)

*Snack*

[Tomato- Avocado Cups](#)



SEPTEMBER



**ELEMENTARY AGE**

[Bean Seed Cycle](#)

**SECONDARY AGE**

[Topsy-Turvy Soybeans](#)

**COMMUNITY**

[Visit the Tennessee Soybean Festival in Martin, TN](#)

*Snack*  
[Edamame Hummus](#)



OCTOBER



**ELEMENTARY AGE**

[Building with Apples](#)

**SECONDARY AGE**

[Apple Genetics](#)

**COMMUNITY**

[Visit a Local Apple Orchard](#) and [Celebrate Apple Crunch Day on October 19th](#)

*Snack*  
[Crunchy Apple Boats](#)



NOVEMBER



**ELEMENTARY AGE**

[Grow It, Try It, Like It- Sweet Potato Hill](#)

**SECONDARY AGE**

[Grow Sweet Potatoes](#)

**COMMUNITY**

[Celebrate Agriculture Literacy Week](#) and [Read a Book with FFA](#)

*Snack*  
[Sweet Potato Chips](#)



DECEMBER



**ELEMENTARY AGE**

[Food Around the World](#)

**SECONDARY AGE**

[Learn about Sorghum from Muddy Pond Sorghum](#)

**COMMUNITY**

[Purchase a Locally Grown Christmas Tree](#)

*Snack*  
[Popped Sorghum](#)





## Additional Resources for Education

### Ag in the Classroom

Ag in the Classroom provides agriculture curriculum and activities for teachers that are specific to the learning age of the students. In addition to teacher resources, Ag in the Classroom provides students with opportunities to play games online and learn more regarding where their food comes from. These resources are free to access and are downloadable here [agclassroom.org](http://agclassroom.org)



### Grow It, Try It, Like It!

This U.S. Department of Agriculture (USDA) nutrition education kit incorporates MyPlate information with agriculture learning for early child and elementary aged students. This curriculum includes seven booklets with videos overviewing common agriculture products alongside nutrition education activities. Family activities and recipes are also provided for students to practice at home. Visit [fns.usda.gov/tn/grow-it](http://fns.usda.gov/tn/grow-it)



### Pick Tennessee Products

Pick TN Products is an online resource from the Tennessee Department of Agriculture that highlights local agriculture production and retail spaces to purchase locally grown products. They also provide maps with information regarding local agriculture education events such as county fairs, festivals, museums, facility tours, and more. Visit [picktnproducts.org](http://picktnproducts.org)



### Power Up! Program

This USDA program is designed specifically for teenagers to instill healthy eating early on and understand the nutritional value of eating food grown from the ground. This program provides twelve easy to use lessons that engage teen learners in learning the importance of healthy food.

Visit [snaped.fns.usda.gov/nutrition-education/fns-curricula/power](http://snaped.fns.usda.gov/nutrition-education/fns-curricula/power)

